



Pre Site Visit Questionnaire

LMC Diabetes & Endocrinology (*Montreal*)

1

Site Information

Site location

LMC Diabetes & Endocrinology (Montreal - Ville Saint-Laurent)
6363 Trans canadienne, suite 238
Ville Saint-Laurent, QC
H4T 1Z9

Contact Information:

514-744-5620 phone
514-744-5621 fax
montrealresearch@lmc.ca email

Specific clinical studies of interest

- Type 1 & Type 2 Diabetes Mellitus
- Diabetes Complications - Neuropathy, Nephropathy, and Retinopathy
- Lipid Disorders
- Obesity
- Osteoporosis
- Hypertension
- Cardiac & Diabetes Prevention
- Women's Health

Phase 2 - 4 Experience

Description of site

- Private Clinic
- Private Clinical Research Center
- Ministry of Health Funded Diabetes Education Center

Memberships

- *Member of the Society for Clinical Research Sites (SCRS)*

Number of studies capable per site

6 enrolling studies with 4 maintenance studies

How long has the site been involved in clinical research?

Site has been doing research for 5 years.
PI has been involved with research for 3 year.

Has the site been audited?

- No FDA audit
- Health Canada audit (November 2012) fully compliant
Sponsor audits – Had positive findings

May not be distributed or reproduced without permission from LMC Diabetes & Endocrinology

Emergency response

- Sacre-Coeur Hospital & Jewish General Hospital < 5 km
- All staff are CPR certified annually

2

Study Staff

Principal Investigator

Zeina Yared MD, FRCPC

- 3 year research experience
- > 15 clinical trials: Endocrinology & Metabolism

Sub Investigators

Nahla Aris-Jilwan MD, FRCPC, FACE

- 30 + years research experience
- > 25 + clinical trials: Endocrinology & Metabolism

Investigator Accountability

20% research, 80% clinic

Investigator's Education and/or Academic Appointments

Speciality Areas: Endocrinology & Metabolism

Education

2005	Diploma in Endocrinology and Metabolism	Royal College of Physicians and Surgeons of Canada and College of Physicians of Quebec
2004	Certificate in Good Clinical Practice	National Institutes of Health (NIH)
2004-2005	Fellowship in Diabetology/Clinical Studies	Royal Victoria Hospital
2002-2004	Residency in Endocrinology and Metabolism	University of Montreal
2003	Diploma in Internal Medicine	Royal College of Physicians and Surgeons of Canada and College of Physicians of Quebec
1999-2002	Residency in Internal Medicine	University of Montreal
1999	Degree in Medicine from Canadian College Part 1	Canadian College
1995-1999	Medical Doctor	University of Montreal
1992-1995	B.Sc. Microbiology and Immunology	McGill University

Appointments

2012-Present	Associate Endocrinologist	LMC Diabetes & Endocrinology
2009-2012	Associate Professor of department of Medicine	University of Montreal
2005-2012	Endocrinologist	Sacré-Cœur Hospital of Montreal

3 Patient Population and Recruitment

Number of patients

>110,000 for the database plus an additional 20,000 per year and growing
Access to PhysiMed within same office building - 52 MD's (GP's & Specialists) and 200 000 patient database

Capability of screening database

Yes - able to note medical history, medications, lab values and consented interest in research

Catchment area

Montreal area

How are subjects recruited to meet the agreed upon targets?

- Patient database
- GP & Specialist referral network
- Diabetes triage - rapid assessment for newly diagnosed drug naive and metformin only patients failing orals requiring addition of OHA's or insulin initiation
- Advertising - radio, newspaper, central toll free number and capability of central ad campaigns for all LMC sites
- Public forums & expos
- Community involvement - Pharmacy days, and local presentations

4 Ethics

Ethics committee (local or central)

- Central Ethics only
- Worked with IRB Services, Schulman, Quorum, WIRB, Veritas, Canadian Shield, Optimum, etc.

Informed consent process

- See LMC Diabetes & Endocrinology SOP
- GCP/ICH Compliant
- Health Canada Division 5 Compliant

Confidentiality

- An Act Respecting the Protection of Personal Information in the Private Sector & PIPEDA implemented

5 Facilities

Equipment available

- Refrigerated centrifuge (calibrated yearly)

- ECG machine (Brentwood software) - calibrated daily
- 330 kg weight scale (calibrated every 6 months)
- 1 x -20 freezers
- 1 x medical fridge for study medication purposes only
- Manual blood pressure devices
- Epi-pen and benedryl
- Able to do PK analysis, injections & meal tolerance tests

Office hours

- Monday - Friday (7:30 am - 6:00 pm)
- Weekends as needed

Monitoring space

- 1 room dedicated to monitoring
- Phone, analog, wireless and broadband access

LMC Diabetes & Endocrinology SOP

- ERB & HC reviewed and approved

Source documents

- LMC specific templates for source creation and study specific logs

Drug accountability and storage

- Secured and Locked Drug Cabinets, Medical Fridge and Freezer
- Temperature monitored daily (min, max and average temperatures)
- Sensaphone (remote monitoring, early detection system)

eCRF experience

- INFORM
- INET
- RDC
- ORACLE
- PHOSCO
- Medidata

IVRS experience

- Clinphone
- S Clinica
- ICON
- Fisher Clinical Services
- Impala

Data storage

- In house:
 - Lead study coordinator's office
 - Paper charts
 - No electronic medical records

- Long term storage:
 - Iron Mountain x 25 years
Address: Records Management Division
1655 Fleetwood
Laval, Quebec H7N 4B2
1-877-840-2111

6 | Contract

Sites usual overhead

- 30% overhead

Sites turnaround

- 1-2 week turnaround

Budget Negotiations

- Director of Research: Karri Venn RD, CDE, CCRC, PMP
Email: karri.venn@lmc.ca,
Phone: 647 274-4133 cell

Regulatory Documentation

- Regulatory & Clinic Specialist: Natalie Gibbs
Email: natalie.gibbs@lmc.ca
Phone: 416-645-2928 ext 316
Fax: 416-645-2931
Address: 1929 Bayview Avenue, Suite 106
Toronto, Ontario M4G 3E8